The Mount Sinai Training School for Nurses

New York City

CIRCULAR OF INFORMATION

1908-1909

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Superintendent of Nurses and Principal of Training School

ANNE DRAVO VAN KIRK, B.A.

Presbyterian Hospital Training School, New York City, 1896

Associate Superintendent

LYDIA E. ANDERSON, B.A.

New York Hospital Training School, New York City, 1897

Night Superintendent

MABEL FLETCHER, B.A.

St. Luke's Hospital Training School, New York City, 1899

Supervisor Private Pavilion

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The Mount Sinai Training School, New York City, 1901

Supervisor Medical Pavilion

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The Mount Sinai Training School, New York City, 1906

Supervisor Surgical Pavilion

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The Mount Sinai Training School, New York City, 1905

Supervisor Children's Pavilion

MARGARET I. KERRINS

The Bridgeport Hospital Training School, Bridgeport, Conn., 1902

Supervisor Operating Rooms

EVA E. MacMATH

The Mount Sinai Training School, New York City, 1904

Supervisor Dispensary Pavilion

WINIFRED FORSYTH

The Mount Sinai Training School, New York City, 1907

Night Supervisor Private Pavilion

M. MAY SLATOR
The Mount Sinai Training School, New York City, 1906

Supervisor Nurses' Pavilion

LILIAS F. SAVAGE
Presbyterian Hospital Training School, New York City, 1896

Assistants

TRAINING SCHOOL PAVILION

JANE RYERSON
The Mount Sinai Training School, New York City, 1883

PRIVATE OPERATING ROOM

ALICE M. MORAN
The Mount Sinai Training School, New York City, 1907

MAIN OPERATING ROOM

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The Mount Sinai Training School, New York City, 1907

Head Nurses

PRIVATE PAVILION

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PRIVATE PAVILION

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The Mount Sinai Training School, New York City, 1907

PRIVATE WARDS

BESSIE SEGFERT
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Supervisor of District Nursing

EVA ELLIOTT
The Mount Sinai Training School, New York City, 1907

Registrar

MAUDE L. JARVIS
St. Luke's Hospital Training School, New York City, 1897

GENERAL STATEMENT

The Mount Sinai Training School for Nurses, established in 1881, offers a course of instruction to women desirous of learning the art of caring for the sick.

The School building is a separate structure within the grounds of the Mount Sinai Hospital, Fifth and Madison Avenues, 100th and 101st Streets, New York City. The rooms for the nurses are comfortable, well heated, lighted and ventilated, and the building is modern in all its appointments.

EQUIPMENT

The Mount Sinai Hospital affords exceptional advantages for the education of nurses. The new buildings, having been but recently erected, embrace the most modern and improved features of hospital construction. It is one of the largest hospitals in the city and contains 490 beds for the sick. Its service is varied, having general medical, surgical and children's wards, in addition to special wards devoted to the care of patients suffering with Gynaecological, Dermatological, Neurological, Ophthalmic, Aural and Genito-Urinary diseases.

It embraces a Private Pavilion, eight operating rooms, and a large Dispensary, thus offering unsurpassed opportunities for thorough practical experience in all kinds of nursing. By arrangement with the Trustees of the Sloane Maternity and of the New York Lying-In Hospitals, the pupils receive a three-months course in Obstetrics at these famous institutions. Instruction in properties and preparations of foods, with their application to the needs of the sick, is given in a diet kitchen, equipped for teaching. The opportunity of District Nursing is granted to a limited number who desire that experience.

REQUIREMENTS FOR ADMISSION

Candidates wishing to enter the School must apply personally or by letter to the Superintendent of the Training School. Those applying should send in a letter giving a personal history, and enclosing a statement from some responsible person, testifying to good moral character, and one from a physician certifying to sound health and unimpaired faculties.

Applicants must be between twenty-one and thirty-three years of age. They must have a thorough English education, and women of superior education and cultivation will be preferred.

TERMS OF ACCEPTANCE

Students are admitted in the Spring and Fall, in classes, for a preliminary term of three months.

If the record of the student should prove unsatisfactory during the first six months, her connection with the School may be terminated by the Superintendent of Training School. At any subsequent time the Board of Directors may dismiss a pupil upon recommendation of the Committee on Nurses and Instruction, for misconduct, inefficiency or failure to develop qualities befitting the nursing profession.

ALLOWANCE FOR EXPENSES

The pupils receive board, lodging and laundry from the date of entrance. After the expiration of two months, an allowance of $8.00 per month will be given for the entire term of three years. This allowance is made to defray the expense of uniforms, text-books and stationery.

VACATIONS

A period of three weeks is allowed each pupil at or near the end of her first and second years. These vacations are planned as far as possible to occur between the first of June and the last of September, and occasionally during the Christmas recess.

SICKNESS

In sickness all pupils are cared for in the Hospital by one of the Attending Physicians appointed for the Training School by the Board of Directors. All time lost through illness or absence must be made up. Through the generosity of one of the Hospital Board of Directors, a room in the Hospital has been endowed for the benefit of sick nurses who are graduates of the School.

The School being non-sectarian, there are no religious services connected with it. All pupils are expected to attend the place of worship which they prefer.

GENERAL PLAN OF INSTRUCTION

The three-years course is divided into—

Preliminary term of three months.
Junior term of nine months.
Intermediate term of one year.
Senior term of one year.

Preliminary Term—

Hygiene and Sanitation.
Domestic science; particularly in relation to foods.
Bacteriology.
Solutions.
Bandaging.
Elementary Nursing.

Junior Term—

Anatomy and Physiology.
Materia Medica.
Urinalysis.

Intermediate Term—

Nursing Ethics.
Massage.
Medical Diseases.
Surgical Diseases.
Children's Diseases.
Contagious Diseases.
Obstetrics.

Senior Term—

Instruction and practice is given in Operating-Room Technique.
Care of Private Patients.
District Nursing.
Executive Work.

The Preliminary Term—

In this three months a large part of the time is spent in study and demonstration in the Class Room. Classes are held in which the pupil is instructed as to what are the essential qualifications of a nurse; and clinics in the practical part of nursing, so that students may become familiar with the various appliances and utensils used in caring for the sick. The time spent in the wards is under special supervision as to the manner in which the pupil follows the instruction received in demonstrations and as to her general

fitness of disposition and temperament for the work of nursing.

The Junior and Intermediate Terms—

During this period the students receive instruction in practical work in the men's, women's, children's medical and surgical, in the gynaecological, in the eye and ear wards, as well as in the dispensary.

The Senior Term—

The practical work of this year consists of attendance in the Operating Rooms, Private Pavilion and the management of the various wards. Lectures and demonstrations are given throughout the course by competent instructors.

EXAMINATIONS

Examinations are held at the close of the course of instruction in the various subjects. These examinations, which are both written and oral, include practical tests, and the standing of the student is based upon the general character of her work throughout the year, as well as upon the results of the examinations. Students must pass on all subjects before entering upon the work of the following year.

GRADUATION

The diploma of the School will be awarded to those who have completed satisfactorily the full term of three years, and have passed successfully the final examinations. A diploma is also awarded by the Sloane Maternity Hospital and the New York Lying-In Hospital for the three months' Obstetrical Course.

SCHOLARSHIPS

The Murray Guggenheim Scholarship Fund provides twelve scholarships of the value of $100.00 each. These scholarships will be awarded at the close of every school year to the six members of the Junior, three of the Intermediate, and three of the Senior classes, who have shown exceptional merit in all branches of the work. It is thus possible for one nurse to obtain the scholarships of the three successive years.

LIBRARY

A reference library has been given and endowed by a friend of the Training School. This contains books which supplement the class work and enable any pupil to pursue advanced study while in the School.

In addition to the above there is a library of works of standard authors. To this the nurses have access at all times. Magazines and papers supply general information and keep the nurses interested in current events.

REGISTRY.

The Training School maintains a registry for its graduate nurses. There has been a steady increase in the number of calls for Mount Sinai graduates. In the year 1907 there were 2,527 calls, an advance of 188 over the previous year.

CLASS OF 1908

Elizabeth Raddatz.....Oxford, N. J.
Melrose Day.....Kemble, Canada
Loula B. Donaldson.....Youngstown, Ohio
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Gertrude F. Borden.....Fall River, Mass.
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Minnie Elliott.....Brantford, Ont.
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Beatrice Moule.....London, Ont.
Frances K. O'Connell.....Montclair, N. J.
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Grace Patterson.....Cold Springs on Hudson, N. Y.
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Libby Ross.....Pleasant Harbor, N. S.
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Rebecca Weiss.....New York City, N. Y.

CLASS OF 1911 (First Section)

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Mary E. Kelly.....Condersport, Pa.
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F. Gertrude Morrison.....Smith's Falls, Canada
Minnie Steinmetz.....Bridgeport, Conn.
Lotta B. Robinson.....Burford, Ont.
I. Louise Elliott.....London, Ont.
Florence O. Saunders.....Toronto, Ont.

ISAAC GOLDMANN CO., PRINTERS
Cor. William and Frankfort Sts., New York